



*“Helping families put their lives back together, one piece at a time”*

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## **Adolescent Inpatient Program**

We provide acute inpatient psychiatric services to adolescents' ages 12 to 17. Our adolescent clinical team is led by a child and adolescent psychiatrist and staffed with mental health professionals including registered nurses and master's level therapists. We provide assessment, diagnosis and rapid stabilization of acute psychiatric referrals to less intensive, appropriate levels of follow-up care and support. Our goal is to effectively treat adolescents suffering from psychiatric, emotional, and behavioral challenges. We help them to improve their clinical status, regain their quality of life and return to daily activities in their homes, among their families and in their schools and communities. Rock Prairie is licensed by the State of Texas and is Joint Commissioned Accredited. Rock Prairie accepts most major insurances including Tricare and Medicaid.

### **ADMISSION CRITERIA**

Ages 12-17, Male and Female  
DSM Diagnosis (Rock Prairie will evaluate)

### **REFERRAL SYMPTOMS**

Hallucinations, Delusions +/- Paranoia  
Potential danger to self +/- others  
Suicidal/homicidal ideations or attempts  
Noncompliance with prescribed meds  
Sudden change in ability to attend to daily activities/responsibilities

### **SERVICES PROVIDED**

Group and Family Therapy  
Psychiatric services (medication management)  
Treatment planning  
Nursing and medical services (non-acute)  
Family and caregiver education  
Psycho-Educational Program  
Recreational therapy  
Licensed staff members: Psychiatrists, Physicians, Therapists, Nurses  
After-care planning

### **DEVELOPMENT GOALS**

Behavioral/medical education  
Medication Management  
Establish healthy habits/nutritional education  
Maintain personal independence  
Preventive action steps  
Improve physical well-being  
Behavioral modifications

### **LENGTH OF PROGRAM**

Varies on individual patient needs



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## **Child Inpatient Program**

**WhyTry Curriculum:** At Rock Prairie Behavioral Health we believe strongly in utilizing an evidenced-based therapeutic program. For our child program we use the WhyTry curriculum. The WhyTry Program uses a series of ten visual metaphors that teach social, educational, and leadership principles. It is a multisensory approach to reach every learning type and keep the interest of the child. The program seeks to teach the child resiliency, improve self-concept, and emotional health. For more information please reference: <http://www.whytry.org/>

### **ADMISSION CRITERIA**

Ages 12 and below, Male and Female  
DSM Diagnosis (Rock Prairie will evaluate)

### **REFERRAL SYMPTOMS**

Hallucinations, Delusions +/- Paranoia  
Potential danger to self +/- others  
Suicidal/homicidal ideations or attempts  
Noncompliance with prescribed meds  
Sudden change in ability to attend to daily activities/responsibilities

### **SERVICES PROVIDED**

Group and Family Therapy  
Psychiatric services (medication management)  
Treatment planning  
Nursing and medical services (non-acute)  
Family and Caregiver Education  
Psycho-Educational Program  
Recreational therapy  
Licensed staff members: Psychiatrists, Physicians, Therapists, Nurses  
After-care planning

### **DEVELOPMENT GOALS**

Behavioral/medical education  
Medication Management  
Establish healthy habits/nutritional education  
Maintain personal independence  
Preventive action steps  
Improve physical well-being  
Behavioral modifications

### **LENGTH OF PROGRAM**

Varies on individual patient needs

**Next Step:** Please call Rock Prairie Behavioral Health (979) 703-8848 for an assessment or visit us at [www.rockprairiebh.com](http://www.rockprairiebh.com). All referrals will be evaluated and assessed. Thank you!