



**ROCK PRAIRIE  
BEHAVIORAL HEALTH**

3550 Normand Drive  
College Station, TX 77845  
Free Assessment: (979) 703-8848  
Fax: (979) 703-6485  
[www.rockprairiebh.com](http://www.rockprairiebh.com)

*"Helping families put their lives back together, one piece at a time"*

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## **ADULT OUTPATIENT PROGRAM Partial Hospitalization (PHP)**

The Partial Hospitalization Program is designed for individuals with primary psychiatric disorders who require intensive support and structure but not 24-hour inpatient care. Clients attend PHP five days per week for six hours a day. They can return home in the evening and attend treatment at our facility during the day.

### **ADMISSION CRITERIA**

18+ years or older, Male and Female  
(Rock Prairie will get authorization)

### **REFERRAL SYMPTOMS**

Grief and Loss /Anxiety  
Isolation/Withdrawal  
Lack of interest in activities  
Change in mood (acute hospitalization not required)  
Failure of lower level of care  
Noncompliance with prescribed meds  
Potential for relapse (previous diagnosis)

### **SERVICES PROVIDED**

Group and Family therapy  
Meet with Psychiatrist minimum of 2x weekly  
Medication Management  
Personal evaluation  
Psycho-Educational Program  
Licensed staff members  
Recreational Therapy  
Evidence based treatment modalities  
Lunch

### **DEVELOPMENT GOALS**

Coping skills  
Emotional management  
Community relationships  
Personal support systems  
Medication awareness  
Recovery Strategies

### **LENGTH OF PROGRAM**

Varies from 2-6 weeks, 5x/week, 8:30 a.m. to 2:30 p.m.

Next step: Please call Rock Prairie Behavioral Health (979) 703-8848 for an assessment or visit us at [www.rockprairiebh.com](http://www.rockprairiebh.com). All referrals for outpatient will be evaluated and assessed. Thank you!



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## **ADULT OUTPATIENT PROGRAM Intensive Outpatient Program (IOP)**

The Intensive Outpatient Program provides further stabilization in a therapeutic environment for clients who do not require the structure of a full day program like our PHP. Clients attend IOP three hours a day. This allows clients greater flexibility to manage other commitments with their families, with work or with other treatment professionals.

### **ADMISSION CRITERIA**

18+ years or older, Male and Female  
(Rock Prairie will get authorization)

### **REFERRAL SYMPTOMS**

Grief and Loss /Anxiety  
Isolation/Withdrawal  
Lack of interest in activities  
Change in mood (acute hospitalization not required)  
Failure of lower level of care  
Potential for relapse (previous diagnosis)

### **SERVICES PROVIDED**

Group and Family therapy  
Personal evaluation  
Psycho-Educational Program  
Licensed staff members  
Recreational Therapy  
Evidence based treatment modalities

### **DEVELOPMENT GOALS**

Coping skills  
Emotional management  
Community relationships  
Personal support systems  
Medication awareness  
Recovery Strategies

### **LENGTH OF PROGRAM**

Varies from 2-6 weeks, 5x/week, 8:30 a.m. to 12 noon

Thursday's After-care Support Group for those who have completed our outpatient program, 6-7 p.m.

Next step: Please call Rock Prairie Behavioral Health (979) 703-8848 for an assessment or visit us at [www.rockprairiebh.com](http://www.rockprairiebh.com). All referrals for outpatient will be evaluated and assessed. Thank you!