



**ROCK PRAIRIE
BEHAVIORAL HEALTH**

3550 Normand Drive
College Station, TX 77845
Free Assessment: (979) 703-8848
Fax: (979) 703-6485
www.rockprairiebh.com

"Helping families put their lives back together, one piece at a time"

ADULT OUTPATIENT PROGRAM Evening Intensive Outpatient Program (IOP)

The Intensive Outpatient Program provides further stabilization in a therapeutic environment for clients who do not require the structure of a full day program like our PHP. Clients attend evening IOP for three hours/ three evenings a week. This allows clients greater flexibility to manage other commitments with their families, with work or with other treatment professionals.

ADMISSION CRITERIA

18+ years or older, Male and Female
(Rock Prairie will get authorization)

REFERRAL SYMPTOMS

Grief and Loss /Anxiety
Isolation/Withdrawal
Lack of interest in activities
Change in mood (acute hospitalization not required)
Failure of lower level of care
Potential for relapse (previous diagnosis)

SERVICES PROVIDED

Group and Family therapy
Personal evaluation
Psycho-Educational Program
Licensed staff members
Recreational Therapy
Evidence based treatment modalities

DEVELOPMENT GOALS

Coping skills
Emotional management
Community relationships
Personal support systems
Medication awareness
Recovery Strategies

LENGTH OF PROGRAM

Varies from 2-6 weeks, Tuesday, Wednesday & Thursday, from 6 p.m. to 9 p.m.

Thursday's After-care Support Group for those who have completed our outpatient program, 6-7 p.m.

Next step: Please call Rock Prairie Behavioral Health (979) 703-8848 for an assessment or visit us at www.rockprairiebh.com. All referrals for outpatient will be evaluated and assessed. Thank you!